

# Parent & Child Activity Calendar

## Elementary School

Conchita Espinosa Academy



THE PARENT INSTITUTE®

### Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September 2017</b>					<b>1</b> A planning calendar can help your child stay organized this school year. Buy or make one with him.	<b>2</b> Have a “goodbye to summer” picnic today. Talk with your child about the great times you had together over the summer.
<b>3</b> Write upcoming school events on your family calendar. Make plans to attend as many as you can.	<b>4</b> A good breakfast helps kids learn. Be sure your child starts the day with a healthy breakfast at home or at school.	<b>5</b> Talk to your child about peer group pressure. Practice ways to say <i>no</i> to drugs and alcohol.	<b>6</b> Write your child’s name vertically. Have her use each letter in her name to begin a line of a poem.	<b>7</b> September is Library Card Month. Make sure everyone in your family has a library card.	<b>8</b> Turn off the TV this evening! Plan on reading or playing games instead.	<b>9</b> Have your child set a weekly goal. Write it down. Could you do this, too?
<b>10</b> Make sure you and your child know school rules. Ask for a list of rules and post them on your refrigerator.	<b>11</b> Have your child write a letter to a friend or relative about the beginning of his school year.	<b>12</b> Watch the news together. Help your child use a world map to locate one place that was mentioned.	<b>13</b> Think about the rules you have for your child. Are they appropriate for his age? If not, make some adjustments.	<b>14</b> Keep a basket as a home base for library books. You’ll save money on overdue fines!	<b>15</b> As a treat, let your child stay up 30 minutes past his regular bedtime to read in bed.	<b>16</b> Give family members some marshmallows and toothpicks. See who can build the tallest tower.
<b>17</b> Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	<b>18</b> Look over your child’s homework. Give some compliments and some helpful criticism.	<b>19</b> Challenge your child to do a secret good deed for a friend or neighbor.	<b>20</b> Look through some help wanted ads with your child. What jobs look interesting to her?	<b>21</b> Discuss a few of the weather changes that take place in the fall. (Days are colder and shorter.)	<b>22</b> Play board or card games as a family tonight.	<b>23</b> Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.
<b>24</b> Have each family member write a funny sentence. Put them together to make a story.	<b>25</b> Help your child find his best time to do homework. Some kids do best right after school; others do best after dinner.	<b>26</b> If you haven’t met your child’s teacher yet, plan to do so. Talk about your visit with your child.	<b>27</b> Talk with your child about why students who do homework earn better grades.	<b>28</b> Ask your child to calculate the average age of family members. Add up ages, then divide by number of family members.	<b>29</b> Have dinner by candlelight tonight.	<b>30</b> Visit the library with your child. Check out a book about science.