

# Parent & Child Activity Calendar

Early Childhood

Conchita Espinosa Academy



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Early Childhood Parents®  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September 2017</b>					<b>1</b> Take your child outside for a "listening minute." Close your eyes and take turns naming the sounds you hear.	<b>2</b> Let your child pick out some school supplies today, whether he is starting preschool or not.
<b>3</b> Play a game of Follow the Leader with your child. Take turns leading and following and talk about what those words mean.	<b>4</b> Give your child several household objects and ask her to line them up from smallest to largest.	<b>5</b> To encourage independence, give your child guidelines for getting his own snack or going out to play.	<b>6</b> Glue a photo of a family member on a sheet of paper. Have your child decorate around it with drawings.	<b>7</b> Let your child practice using the telephone. Help her call a friend or relative.	<b>8</b> Fill glasses with different amounts of water. Have your child tap them with a metal spoon and listen to the different tones.	<b>9</b> In the morning, help your child find three of his favorite books. Read all of them sometime today.
<b>10</b> Create an obstacle course for your child. She could go around a chair, under a table, or through a box.	<b>11</b> Make an effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	<b>12</b> Remove three items from your purse or pocket. Show them to your child, then put them away. Can he name them?	<b>13</b> Talk with your child about the day's events. Have her draw a picture that describes her day. Post it on your refrigerator.	<b>14</b> Stretch a rope on the ground. Show your child how to jump over it from side to side.	<b>15</b> Talk with your child about shapes. Ask him to name the shapes of the different road signs he sees.	<b>16</b> Plant a fall flower, such as a mum, with your child. Or plant bulbs that will come up in the spring.
<b>17</b> Collect leaves, bark, sticks and branches with your child. She can glue them to paper to make a tree.	<b>18</b> Fill a jar with small items. Ask your child to guess the number of items. Then count them together.	<b>19</b> Assign your child a special job. It's never too early to learn responsibility!	<b>20</b> Discuss some of the weather changes that take place in the fall. (Days are colder and shorter.)	<b>21</b> Tell your child family stories from when you were a child.	<b>22</b> Have a family movie night. Talk about what was real and what was pretend in the movie.	<b>23</b> Give your child some extra tub time today. Throw in some plastic containers, measuring spoons and funnels.
<b>24</b> Read three poems with your child today.	<b>25</b> Hide an object and give your child three easy clues to find it. Praise him for following directions when he finds it.	<b>26</b> Create "leaf impressions." Have your child place paper over some leaves and rub over the paper with crayons.	<b>27</b> With your child, wash your hands before each meal. Talk about the importance of frequent hand washing.	<b>28</b> Ask your child <i>how</i> and <i>why</i> questions. They require reasoning.	<b>29</b> Make today a counting day. With your child, count the stairs as you climb them, cars as they pass, stars as you spot them.	<b>30</b> Help your child clean out his closet. Pass on gently-used toys or clothes to other families.